

WEEKLY NEWSLETTER

Friday 3rd February 2023

Dear Parents/Carers

I can't believe we are just one week away from the half term! It's a busy week next week as we are having a wellbeing and internet safety week across the school. The focus of the week is being kind and ensuring you have safe conversations online. To start the week off, on Monday we are having a whole school worship on internet safety with the children following with work in the classrooms on this topic. During the week the children will be working on developing our school values of TEAM and TRUST. To finish the week off each class will be working on a mural to develop our Understanding Christianity focus which forms part of our RE curriculum as a church school.

Class outcome sessions

Don't forget that next week we are inviting parents/carers in for our class outcome sessions. Most of KS2 will be on Monday at 2pm followed by Reception and KS1 on Tuesday at 2pm. Galapagos class will be having theirs on Friday 10th February from 1pm – you would have received an email from Miss Peasley regarding this. It will be great to see lots of you there!

Friends of Brading

As you may be aware from the newsletter and posters around school, we would really like to get the Friends of Brading up and running again in order to raise funds for the school. We would like to plan a fun Easter event for the children but without parent/carer support we cannot go ahead with this. Please let either myself, class teachers or the office staff know if you are available to help out.

Parent/carer questionnaire

Today we have sent home via email our annual parent/carer questionnaire. Please take a few minutes to complete this as your feedback helps us look at what we are doing well and how we can improve. We really take on board everything you tell us so that we can constantly improve for the children.

New play equipment

We are so excited to have some new equipment installed in our EYFS area. I am so pleased with our playground developments, it means across the whole school everyone has access to outside equipment that supports everyone's needs.

Parking / dropping off

I seem to be mentioning this a lot lately but I am concerned about the way adults are parking when dropping off and picking up. As you know West Street is very narrow with limited parking, and with lots of children coming and going at one time this could lead to accidents happening, especially during these busy periods. Please be mindful of where you are parking your car and consider parking further away and walking to school to drop off / pick up. Thank you.

Remember my door is always open.

Mrs Gilbert.

DATES FOR YOUR DIARY

Mon 6th February

Class outcome session for KS2 – 2pm
KS1 Gymnastics Fun Club
KS2 Football Fun Club

Tues 7th February

Class outcome session for Reception & KS1 – 2pm
Choir Fun Club
KS1 & KS2 Cookery Fun Club

Thurs 9th February

Year 6 trip to Wildheart Animal Sanctuary
KS1 & KS2 DT Fun Club
KS2 Drama Fun Club

Fri 10th February

Galapagos class outcome session – 1pm
Break up for half term

Mon 13th – Fri 17th February

February half term

Mon 3rd – Fri 14th April

Easter Holidays

Mon 1st May

Bank Holiday Monday

Mon 8th May

Coronation Bank Holiday

Mon 29th May – Fri 2nd June

May half term

Thurs 20th – Fri 21st July

Development days

Bible Reflection

Colossians 4:2

Devote yourselves to prayer, being watchful and thankful.

Lunch Menu – week commencing Monday 6th February 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni Cheese	Cheese & Tomato Pizza	Roast Turkey	Beef Bolognese	Fish Fingers
Alternative option	Jacket Potato Tomato Pasta	Jacket Potato Tomato Pasta	Jacket Potato Tomato Pasta	Jacket Potato Tomato Pasta	Quorn Nuggets Jacket Potato Tomato Pasta
Dessert	Crispy Crackle Bar	Chocolate Shortbread	Oat Cookie & Fruit Slices	Shortbread & Fruit Slices	Jelly & Fruit Slices

Message from our catering provider Chartwells:

Dear Parents/Guardians,

Like all UK businesses, we are currently experiencing significant inflationary pressures. As has been widely reported in the media, these pressures have particularly impacted the price of food.

We have been working hard over recent months to absorb these costs through menu changes and negotiating with our suppliers.

However, with inflation continuing to rise, we are now required to increase the price of the meal served at your child's school to £2.50 after February half term.

All menus will continue to provide children a choice of nutritious and delicious meals, while complying with the Government's nutritional guidelines, and catering for those with allergies.

We want to assure you that the decision to take this action was not taken lightly. We will always continue to do all that we can to provide you the best possible value for money.

Friends of Brading

If you would like to support the school and the children by arranging some fun, exciting events while raising much needed funds, please let the office know! Absolutely anyone who has a connection with Brading Primary can become a 'Friend of Brading'. Mums, Dads, Guardians, Carers, Grandmas, Grandads – you are all welcome to join.



THIS WEEK AT BRADING...

Malta

This week in Malta class we have been busy finishing off our science topic for the term. We have studied rocks and looked at the importance of soil in the rock cycle. On Wednesday, we made our very own mini compost bins which we will continue to monitor next term.



Iceland

This week, Iceland class has been learning about and making fact files on Alfred the Great. In science, we investigated how to separate different materials using evaporation, sieving, magnetic attraction and filtering. We have been continuing our journey on area in maths and have been learning about the units we use when we talk about area. In English, we have learnt about ellipsis and how they can be used to create suspense and tension in our writing. Finally, in PE we are carrying on with our lessons on dance and gymnastics.

Maldives

This week the children have been working hard practising their presentation for our parents' learning outcome on Tuesday. On Tuesday we had our RE day and learnt about 'followers of Jesus'. The children had some lovely ideas about how Christians can show they belong to Christianity and we ended the day by making stained glass windows depicting the story of Jesus' first followers and the feeding of the 5000.

In science we split into groups and had to write down everything we could remember about our given season. The children then had to present their ideas to the rest of the class but were banned from naming their season, the rest of the class then had to guess the season. Every team managed to avoid using their 'banned word' winning them 10 dojos each!

St Lucia

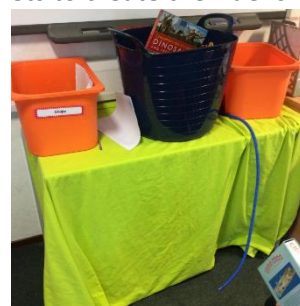
Year two are continuing 3D shapes in maths and getting ready to move on to money as the next domain. In English, we have been writing a biography about Neil Armstrong. In R.E. we have been remembering Holi. Year two particularly enjoyed the dancing Bollywood style!

We also learned about spreadsheets in Computing. Next week is another busy week, where we will enjoy safer internet and wellbeing as a focus within the week.



Hawaii

This week the children have been exploring habitats of different animals. They learnt what the word habitat means and named different areas animals can live such as jungles, savannahs and oceans. The children then thought about a habitat they could make and created a den. They used tables and blankets to create their dens.



THIS WEEK AT BRADING...

St Lucia

This week in St. Lucia we have been focussing on R.E. We discussed our own special people and how Jesus is special to Christians. The children gave some lovely responses such as 'My Mum is special because she keeps me safe' and 'My brother is special because he plays with me when I am feeling wobbly'. We then drew or painted our special person and made a display. We also explored the bible story 'Jesus Calms the Storm'. We discussed the meaning of the story and the children retold the story using the story sequencing cards.



Jamaica

In maths this week, we were finding the missing angles in triangles, quadrilaterals and polygons. In topic we were learning about the Mayans (which lived from 200BC to 1500AD) number system and making our own Maya museum. In science, we were answering questions on Mary Anning. In guided reading we also answered questions on Day of the Turtle. Finally, in English, we finished our evolution stories.

Cuba

In Cuba class we have been looking at animals natural habitats. We chose an animal and drew a picture of it in the place it would live and then did some brilliant colouring to add detail to them. We then read the story Owl Babies and used some puppets to re-enact the story ourselves.

Galapagos

Year 4 have been scientists this week, learning all about the melting point of chocolate! They had to measure the temperature and the time and observe what happened during the process as part of our states of matter topic.

Antigua

This week in Early Years, we have continued to explore the safari. We have shared more animal stories and songs this week linked to the safari and a mixture of animals. We have continued to be creative too, we have had fun exploring the safari sensory tray, made paper plate lions, made animal footprints in playdough and we have been helping to make a big junk model Safari Jeep. On one of the days the children made a bus and pretended to visit lots of different places.

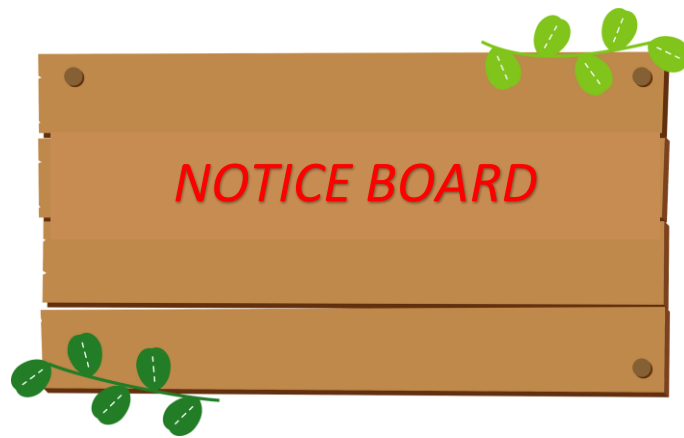


THIS WEEK AT BRADING...

Gymnastics Club

In our gymnastics club we have been looking at different ways of travelling, rolling, balancing and jumping. We are now transferring those skills onto the apparatus. The children have made lots of improvement in just 4 weeks, well done everyone.





The **Best** School Holidays **Ever!**

A wide range of exciting holiday activities, fun and adventures for children in YR-Y6 at YMCA Daycamps.

February Half Term

When: Monday 13th February - Friday 17th February
Where: YMCA Winchester House, Sandown Road, Shanklin, Isle of Wight, PO37 6HT
Time: 9am-4pm (extend to 8am-5pm for just £5 or split the options to morning/afternoon for £2.50)
Price: £25

Find out more & book now: ymca-fg.org/daycamps-isle-wight/

YMCA



Sandown Methodist Church

New 2 U

FREE! Children's Clothes Exchange



Monday 6 February
10am - 12noon

Bring clothes to exchange if possible
 but not essential

Enjoy refreshments & time to chat

ALL WELCOME

First Monday each month, as advertised

5 hours of fun EVERY day!
 10am - 3pm
 Inclusive football for ALL abilities!

Only £12 a day!
 Find us on facebook: Sandown Soccer - Isle of Wight

For any information contact Lewis (Mr Mitchell)
 07594 389531
sandownsoccer@yahoo.com

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

Attend at least 4 out of the 5 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to **07594 389531**



Celebrate International Women's Day with Adult Community Learning (adults 19+), and bring a child over the age of 10yrs with you to our workshop morning, on Sunday 5 March 10am-12pm. Choose between weaving your own beautiful unique piece of wall art, using mixed media and personal items, or create a colourful keyring (heart, flower etc) and hopefully you'll never lose your keys again!

Workshops take place at The Learning Centre, Westridge, Ryde and cost £10/£5 concession per person (child pays £5). Booking is essential, to book an adult and child place please call 817280, or adults 19+ only can book via our website www.iow.gov.uk/ACLCourses.

Free calming workshops are back online!

Following the great success of the evening zoom online workshops in the Autumn Term, I am pleased to advise you of the next dates for the "90 Minutes to Family Calm" series of workshops as one-off's or as a course this term – mornings.

The course is fully funded and is open to all parents and staff.

As always, the topics focus on managing feelings and emotions & supporting us with our own and our children's self-regulation – and is particularly relevant and helpful post-Covid!

The workshops will be available to join on **Monday mornings from 09:30 to 11:00**

PLEASE FEEL WELCOME TO JOIN AND TO PASS THIS ON.

If you would like to join any of these 90 minute zoom sessions all you need to do in the first instance is **reply to this e mail info@thecrossley.co.uk to express your interest**, and I will send you a 'joining' pack with instructions on how to enrol.

- Brain Training for Calm – 20th February
 - How our brains work & how they affect our ability to achieve calm
- Taming the Emotions Monster - 27th February
 - How to avoid & manage meltdowns through becoming an 'Emotion Coach'
- Sensible About Our Senses – 6th March
 - Understanding about sensory triggers & how our senses affect our behaviour.

n.b. no session 13th March

- Bucket Filling for Self-Esteem – 20th March
 - A fun perspective on how to feel good about ourselves & help our children to build self-esteem.
- Relaxing our Kids – 27th March
 - Building confidence & resilience through relaxation – steps to relaxing for children.

I hope to see many of you there!

Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSE curriculum.



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Online
Safety®

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ISLE OF WIGHT HELP WITH THE

COST OF LIVING

01983 823134

iow.gov.uk/costofliving

General help and support

Citizens Advice IW can give free help with money issues and much more.

☎ **0800 144 88 48** or Textphone on **18001 0800 144 8884**

📧 **www.citizensadviceiw.org.uk**

Debts and paying bills

Citizens Advice Money team.

☎ **01983 823898 ext: 2825**

✉ **debtenquiries@iwcab.org.uk**

📧 **www.citizensadviceiw.org.uk/money-advice-team**

Buying food

📧 **www.iow.gov.uk/costofliving** and tap on 'food' for more information.

Join a community pantry and for £5 a week, receive over £15 worth of food.

☎ **01983 296592** East Cowes Community Pantry

☎ **07961 959003** Ventnor Community Pantry

☎ **01983 563732** Ryde Community Pantry

Connect4communities

Support including food vouchers, getting weather appropriate clothing (directly with your school) and more.

✉ **connect4communities@iow.gov.uk**

📧 **www.connect4communities.org**

Benefits

Check whether you are getting all the benefits you can.

Citizens Advice Help to Claim line.

☎ 0800 144 8444

📄 www.gov.uk/benefits-calculators

Energy bills

The Footprint Trust give guidance on energy bills, efficiency and grants.

☎ 01983 822282

✉ info@footprint-trust.co.uk

📄 www.footprint-trust.co.uk

Pension Credit

If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits.

☎ 0800 99 1234 or Textphone on 0800 169 0133

📄 www.gov.uk/pension-credit

Paying for broadband and mobile phone

Social tariffs are available if you're on a low income.

📄 www.ofcom.org.uk/cheap-broadband

Feeling lonely

The Living Well and Early Help Partnership works on the Island to connect people.

☎ 01983 240732

✉ reception@lweh.org.uk

📄 www.lweh.org.uk

In a crisis

If you have no money for food, gas and electricity you may be able to get emergency help.

☎ 01983 823859

📄 www.iow.gov.uk/HelpThroughCrisis

Other useful contacts

📄 www.helpforhouseholds.gov.uk

📄 www.islefindit.org.uk

📄 www.gov.uk/helpforhouseholds