

# WEEKLY NEWSLETTER

Friday 10<sup>th</sup> February 2023

Dear Parents/Carers

What a fabulous half term we have had, so much has gone on in school in these 6 weeks and I'm so proud of all the children with what they have achieved and how hard they have been working, well done to everybody. Also, a big thank you to the parents/carers who joined us for the outcome sessions this week, it was such a great turn out and I hope you are as proud of your children's work as I am.

## Kindness Week

This week all the children have been part of our Kindness Week. During the week the children have been developing our motto of TEAM and TRUST. It has been amazing to see how the children have worked together to see how they can develop these concepts in the future. As a church school TRUST (Truth, Respect, Unity, Sincerity, Tolerance) are our church values as well as values for life. There is a section on our website which talks about them in more detail.

## Safer Internet Day

This year Safer Internet Day was based around who we can talk to if things don't go quite to plan when online. Mrs Raggett started the day with a whole school collective worship and then all the classes undertook a variety of activities based on the same theme. As well as the children learning lots of new things, old messages were reinforced as well. We include a guide each week on different aspects of E-Safety with the newsletter which we would encourage you to look at with your children.

## EYFS

Over the last couple of weeks, we have been developing the outside area for Antigua and St Lucia. It was a work in progress but we are so pleased with how it is developing, especially now that the new sensory equipment has arrived. If you have any spare kitchen equipment, bath toys or garden equipment at home that you no longer use we would be so pleased to use these in school, please give them to Miss Scholes, Miss Savage or hand them into the office. Thank you to Mrs Miller and Mrs Barnard for all their hard work.

## World Book Day

World Book Day is taking place on Thursday 2<sup>nd</sup> March and as always, we would like the children to come to school dressed as their favourite book character! I am looking forward to seeing all the fantastic ideas the children come up with.

## Go Read

After half term we will be changing our reading record recording system to "Boom Reader". Your child will be bringing home their unique login so you can access their personal reading record. You can either access this programme by using the internet or for easier access you can download the app on a range of devices making it accessible for all. It will then allow you to write the book and pages shared at home and any additional comments you would like to add about your child's reading for teachers to view too.

Have a fabulous half term and I look forward to seeing you on Monday 20<sup>th</sup> February.

Mrs Gilbert.

## DATES FOR YOUR DIARY

**Mon 13<sup>th</sup> – Fri 17<sup>th</sup> February**  
February half term

**Mon 20<sup>th</sup> February**  
KS1 Gymnastics Fun Club  
KS2 Football Fun Club

**Tues 21<sup>st</sup> February**  
Choir Fun Club  
KS1 & KS2 Cookery Fun Club

**Thurs 23<sup>rd</sup> February**  
KS1 & KS2 DT Fun Club  
KS2 Drama Fun Club

**Thurs 2<sup>nd</sup> March**  
World Book Day – dress up as your favourite book character!

**Mon 3<sup>rd</sup> – Fri 14<sup>th</sup> April**  
Easter Holidays

**Mon 1<sup>st</sup> May**  
Bank Holiday Monday

**Mon 8<sup>th</sup> May**  
King's Coronation Bank Holiday

**Mon 29<sup>th</sup> May – Fri 2<sup>nd</sup> June**  
May half term

**Thurs 20<sup>th</sup> – Fri 21<sup>st</sup> July**  
Development days

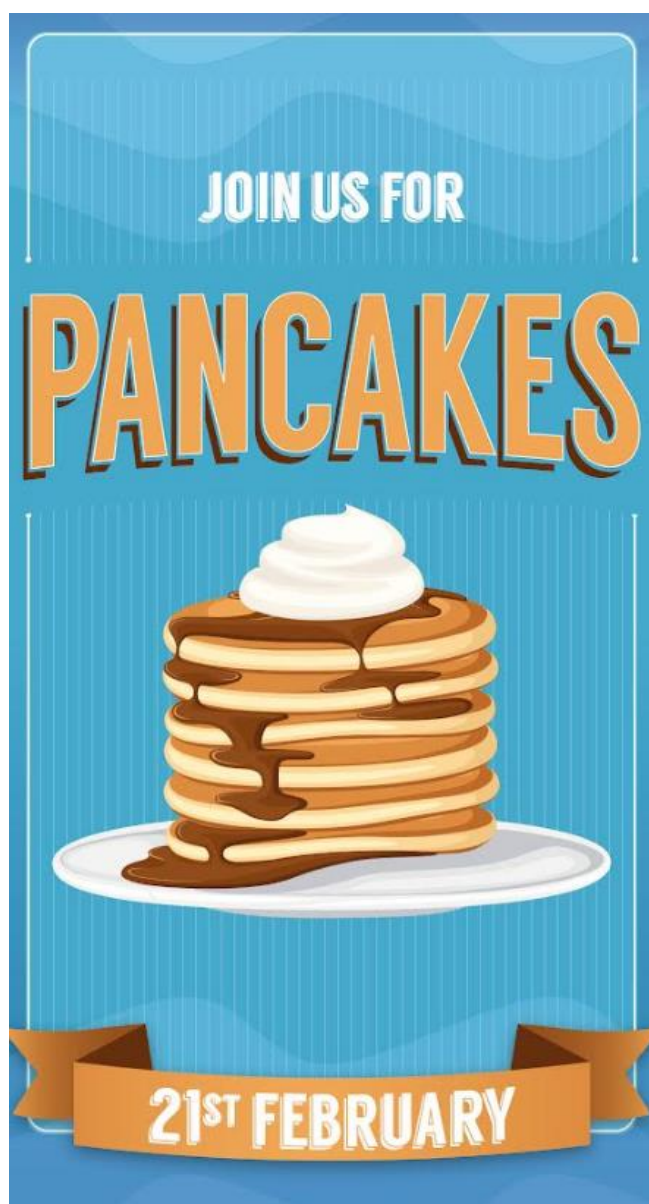
## Bible Reflection

Psalm 56:3

"When I am afraid, I put  
my trust in you."

## Lunch Menu – week commencing Monday 20<sup>th</sup> February 2023

|                           | Monday                     | Tuesday                    | Wednesday                  | Thursday                   | Friday                                      |
|---------------------------|----------------------------|----------------------------|----------------------------|----------------------------|---|
| <b>SPECIAL PUDDING!</b>   |                            |                            |                            |                            |   |
| <i>Main</i>               | Cheese & Tomato Pizza      | Sausage & Mash             | Roast Gammon               | Lasagne                    | Fish Fingers & Chips                        |
| <i>Alternative option</i> | Tomato Pasta Jacket Potato | Tomato Pasta Jacket Potato | Tomato Pasta Jacket Potato | Tomato Pasta Jacket Potato | Quorn Nuggets<br>Tomato Pasta Jacket Potato |
| <i>Dessert</i>            | Flapjack with Fruit Slices | Pancakes                   | Jelly                      | Shortbread                 | Chocolate Crispy Bar                        |



**BOOK NOW ON SCHOOLMONEY!**

# THIS WEEK AT BRADING...

## Hawaii

Hawaii class spent some of their time this week learning about food preparation and where different food comes from. They also learnt about food safety and using a knife safely. They used these skills to create pancakes and enjoyed tasting these.



## Iceland

This week in Iceland class we have been learning about how to be safe online. On Tuesday, we had our art day and looked at the artist Giacometti and we made 3D figures and Anglo-Saxon pots from clay. In science, we learnt about how Ruth Benerito created the fabrics we use in our clothes today and in history we finished off our topic on Anglo-Saxons.

## Galapagos

The children in Galapagos class have been working very hard preparing for their Ancient Greek Museum! Thank you to everyone who came and saw it. We've had a fun time learning all about Greek food, the Olympics, their homes and their way of life.

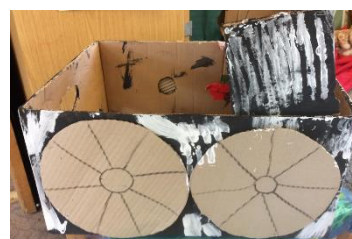


## Antigua

This week in Early Years we have been very busy undertaking wellbeing week activities, joining in with internet safety day and finishing off our safari work. We took part in animal action games, played with the jeep we created, made animals to hide in grass and we made parrots with paint pens and feathers.

On internet safety day we shared a short story called 'Hanni and the Magical Window', which opened up lots of discussions about how we use tablets and the internet at home. We also shared a story about 'smartie the penguin', which was interactive and made us think about what to do to keep safe when using the internet.

As part of wellbeing week, we have also shared the story 'Be Kind' and we have talked about things that make us, our family and friends feel happy and valued. We then made hearts and said one thing that we do that is kind and helps others.





# THIS WEEK AT BRADING...

## Malta

This week in Malta class, we have been busy finishing off our topic 'Pharaohs and mummies'. On Monday, we presented our work to the parents in our Egyptian museum, thank you to all of those who came in. On Tuesday, we completed our art day. We wrote our name in Hieroglyphics and made pyramid mosaics.



## St Lucia

This week in St Lucia we have been exploring the artist George Seurat. He uses lots and lots of tiny dots of pure colour to create a picture. As our theme is safari we had a go at creating a leopard. The children did really well at creating the picture with their finger tips and cotton buds. This week we also explored screen time during Internet safety day, discussing what is screen time and how it can affect us. We also read Hanni's story and made our own creative window. Finally, we discussed wellbeing as its children's mental health week we spoke about kindness and looking after ourselves including our body and mind. Also attached is a picture of our topic board of all our fabulous work we have done this half term.



## New Zealand

Year two has had a great last week of term. We have made 'kind' hands and shone with our self-esteem stars. We created 'magic windows' and played safer internet games. In history, we have been writing fact files for Mary Seacole, Amelia Earheart and Edith Cavell. It has been a busy week in science and we have been learning about 'The Eatwell Guide' and how exercise affects our body. In Design and Technology, we made moving vehicles with wheels and axles and then raced them! It was so much fun especially as we had some parents to join us. Thank you.



## Maldives

A big well done to all the children in Maldives class for all their hard work this week working with different members of staff, they have been amazing! We are sorry that the outcome session with Mrs Raggett was cancelled but this will be rearranged and you will be notified of the date and time after half term.

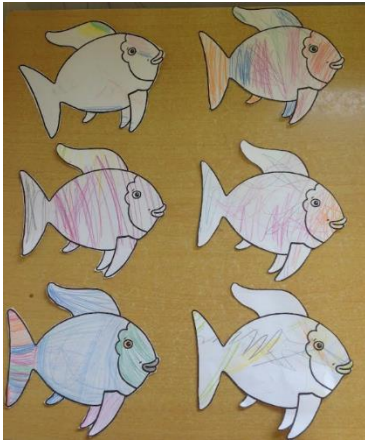
Enjoy your week off!

# ***THIS WEEK AT BRADING...***

## **Cuba**

This week in Cuba Class we created our topic outcomes. We made our own pictures using a range of materials to design the perfect habitat for an animal of our choice. We have then been exploring the season of winter and completed checklists of all the different winter items we could find.

For kindness day, we read the story 'The Rainbow Fish' talking about why the other fish should be kind and then created our own rainbow fish pictures.



## **Jamaica**

On Thursday this week we went on a trip to the Wildheart Animal Sanctuary where we talked about evolution and what different features animals have. When we were there all the animals went crazy because it was coming up to lunch time – the animals were all roaring and acting like they were starved!

By Voranc & Holly





# NOTICE BOARD



## Household Support for the Residents of Brading



Alongside generous donations from residents and local community groups, Brading Town Council have secured grant funding to support our community with the Cost of Living Crisis.

Residents can access the foodbank in the Brading Centre along with a voucher scheme from our local shop.

Support may also be available with gas and electricity bills, please contact us if you would like to know more.

If you know of someone in the community who may need support, you can nominate them by phoning or emailing us on the contact details listed below.

Brading Town Council  
The Brading Centre  
West street  
Brading  
PO36 0DR  
PO36 0DR



Phone: 01983 401770  
E-mail: [emma@brading.gov.uk](mailto:emma@brading.gov.uk)

If you are not a resident of the Parish of Brading and are in need of support please contact the Isle of Wight Foodbank who have facilities in Ryde and Newport.

[isleofwight.foodbank.org.uk](http://isleofwight.foodbank.org.uk)

[01983292040](tel:01983292040)

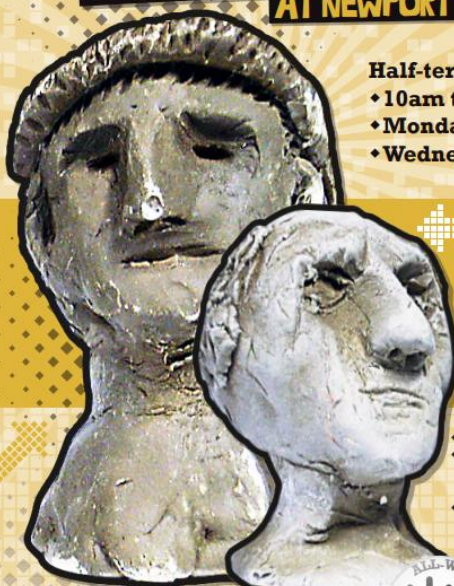
[info@isleofwight.foodbank.org.uk](mailto:info@isleofwight.foodbank.org.uk)

5129086 01/23 ©

**FAMILY FUN**

# CLAY DAYS

**AT NEWPORT ROMAN VILLA**



**Half-term activity**

- ♦ 10am to 2pm
- ♦ Monday 13 February
- ♦ Wednesday 15 February

**ONLY £1.00**  
No need to book, just turn up and explore.

- COVID-19 precautions in place.
- If the activity room is full we will provide clay for you to create your masterpiece at home.
- Card payments limited; allow extra time if you wish to pay this way.

**ALL-WEATHER ATTRACTION**

**YOU MAY ALSO LIKE**

**MUSEUM ISLAND HISTORY**

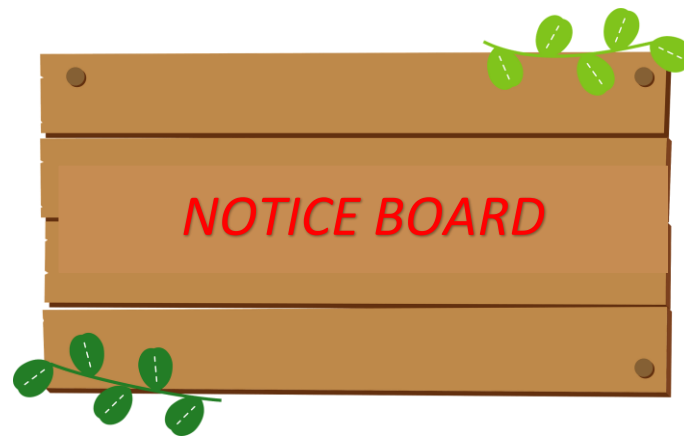
[www.iow.gov.uk/museums](http://www.iow.gov.uk/museums)

**NEWPORT ROMAN VILLA**

**01983 529720/823433**

**Cypress Road, Newport, IW, PO30 1HA**

Respect | Protect | Enjoy Events organised by the Isle of Wight Heritage Service



**new: carnival** IOW DARK SKIES FESTIVAL

**FRI 17TH FEB**

**CLEAR SKIES TENT**

4.00- 4.20pm Richard Grogan AONB, Welcome  
 4.35-5.15pm 'Tale of Three Sisters' Play by Tide Nor Time Players  
 5.30-6.15pm Zen Stretch & Starry Stories Workshop  
 6.30-7.15pm Vectis Astronomers 'Space and us' Presentation  
 7.15-8.00pm IW Planetarium, 'Stargazing for Starters' Paul England

**BLACKOUT TENT**

3.30-4.30pm 'Painting With Light' Photography Workshop  
 4.30-5.00pm 'Benefits of Sleep' Presentation by Barnados  
 5.00-5.20pm 'Waiting' Ghost Story by Sandra Singleton  
 5.30-6.15pm 'Measuring the Universe' Stokey, Presentation  
 6.30-7.15pm 'Astrophotography Workshop' Jamie Russell  
 7.15-8.00pm 'Isle of Wight Ghosts' IW Ghost Experience

**CANVAS TENT**

3.30-4.30pm Cosmic Creative Writing Workshop  
 4.30-5.30pm Make a Pinwheel Workshop  
 5.30-7.15pm Make an Asteroid, Clay Workshop  
 7.15- 8.00pm Phases of the Moon Craft Workshop

**FRIDAY & SATURDAY- FEATURING THROUGHOUT...**

AONB, Vectis Astronomers, The Butterfly Conservation Society, Robert Hook Society, Hampshire IW Wildlife Trust, Brading Roman Villa, Chad Powell Photography, Island Visions Photography.

Exhibitions by IW College Art Students, The IW Womens Institute, Viva Carnival Club, Fiveways and Broadlea Primary School. Commissioned dark skies artwork from local artist 'Losten'.

Stargazing, Story Telling, Poetry, Facepainting, Telescopes, Willow Wreath Making, Celestial Headdresses, Torches, Trails and Fun Activities

**new: carnival** IOW DARK SKIES FESTIVAL

**SAT 18TH FEB**

**CLEAR SKIES TENT**

3.20-4.00pm Zen Stretch and Starry Stories  
 4.00-5.00pm 'Robert Hook IW Scientist' Presentation by Arnold Taylor  
 5.15-5.45pm 'Nocturnal Activity of Beavers' Presentation HIWWT  
 6.00-6.45pm 'Tale of Three Sisters' Play by Tide Nor Time Players  
 7.00-8.00pm 'Measuring the Universe' Stokey, Presentation

**BLACKOUT TENT**

3.00-4.00pm 'Painting with Light' Photography Workshop  
 4.00-4.45pm 'Isle of Wight Ghosts' IW Ghost Experience  
 5.00-6.00pm Selected Dark Skies Short Films with Paul Windridge  
 6.00-6.20pm 'Waiting' Ghost Story by Sandra Singleton  
 6.30-7.30pm 'Astrophotography Workshop' Jamie Russell

**CANVAS TENT**

3.30-4.15pm Ipad Soundscape Workshop  
 4.45-5.30pm Ipad Soundscape Workshop  
 6.00-7.00pm Ipad Soundscape Workshop

**OUTSIDE: 6-7pm Fire and Light show with StixguyKai**

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# 10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

## THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. Those emotions can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

## ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

## SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

## TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fail or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance: striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

## REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

## A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

## PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

## THE GREAT ESCAPISM

A certain amount of escapism is fabulous – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

## TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity: it's like listening to a favourite song that always makes you feel happy or confident.

## ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games: in Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain; that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

## Meet Our Expert

Daniel Lipscombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the likes of PC Gamer, Kotaku, Pocket Gamer and VG247.



Source: [https://www.ofcom.org.uk/\\_data/assets/pdf\\_file/0024/234808/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/_data/assets/pdf_file/0024/234808/childrens-media-use-and-attitudes-report-2022.pdf)



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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National Online Safety®

#WakeUpWednesday



ISLE OF WIGHT HELP WITH THE

# COST OF LIVING

**01983 823134**

**[iow.gov.uk/costofliving](http://iow.gov.uk/costofliving)**

## General help and support

Citizens Advice IW can give free help with money issues and much more.

☎ **0800 144 88 48** or Textphone on **18001 0800 144 8884**

📧 **[www.citizensadviceiw.org.uk](http://www.citizensadviceiw.org.uk)**

## Debts and paying bills

Citizens Advice Money team.

☎ **01983 823898 ext: 2825**

✉ **[debtenquiries@iwcab.org.uk](mailto:debtenquiries@iwcab.org.uk)**

📧 **[www.citizensadviceiw.org.uk/money-advice-team](http://www.citizensadviceiw.org.uk/money-advice-team)**

## Buying food

📧 **[www.iow.gov.uk/costofliving](http://www.iow.gov.uk/costofliving)** and tap on 'food' for more information.

Join a community pantry and for £5 a week, receive over £15 worth of food.

☎ **01983 296592** East Cowes Community Pantry

☎ **07961 959003** Ventnor Community Pantry

☎ **01983 563732** Ryde Community Pantry

## Connect4communities

Support including food vouchers, getting weather appropriate clothing (directly with your school) and more.

✉ **[connect4communities@iow.gov.uk](mailto:connect4communities@iow.gov.uk)**

📧 **[www.connect4communities.org](http://www.connect4communities.org)**

## Benefits

Check whether you are getting all the benefits you can.

Citizens Advice Help to Claim line.

☎ 0800 144 8444

📍 [www.gov.uk/benefits-calculators](http://www.gov.uk/benefits-calculators)

## Energy bills

The Footprint Trust give guidance on energy bills, efficiency and grants.

☎ 01983 822282

✉ [info@footprint-trust.co.uk](mailto:info@footprint-trust.co.uk)

📍 [www.footprint-trust.co.uk](http://www.footprint-trust.co.uk)

## Pension Credit

If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits.

☎ 0800 99 1234 or Textphone on 0800 169 0133

📍 [www.gov.uk/pension-credit](http://www.gov.uk/pension-credit)

## Paying for broadband and mobile phone

Social tariffs are available if you're on a low income.

📍 [www.ofcom.org.uk/cheap-broadband](http://www.ofcom.org.uk/cheap-broadband)

## Feeling lonely

The Living Well and Early Help Partnership works on the Island to connect people.

☎ 01983 240732

✉ [reception@lweh.org.uk](mailto:reception@lweh.org.uk)

📍 [www.lweh.org.uk](http://www.lweh.org.uk)

## In a crisis

If you have no money for food, gas and electricity you may be able to get emergency help.

☎ 01983 823859

📍 [www.iow.gov.uk/HelpThroughCrisis](http://www.iow.gov.uk/HelpThroughCrisis)

## Other useful contacts

📍 [www.helpforhouseholds.gov.uk](http://www.helpforhouseholds.gov.uk)

📍 [www.islefindit.org.uk](http://www.islefindit.org.uk)

📍 [www.gov.uk/helpforhouseholds](http://www.gov.uk/helpforhouseholds)