

Dear Parents / Carers,

27th September 2019

Wow, it looks like the autumn season has decided to appear this week! Please can I remind everyone that all children need a **waterproof coat** to keep them warm and dry when playing outside. All children will be expected to wear these outside.

Just a few other reminders:

- All children need PE kit in school weekly. Our PE kit is black shorts, white tops and plimsolls or trainers.
- We do allow children to wear trainers as school shoes providing they are **plain black**.
- Dinner money – school dinners cost £2.05 a day (£10.25 a week). They should be paid for in advance or on the day. If you think you could be eligible for free school meals, please see Miss Hughes or Miss Larner for a form to complete.
- Snacks are also available to the children. Our cook Mrs Kennedy is on the gate every Monday to take snack orders. Miss Hughes is unable to take snack orders on the gate any other day of the week.
- Leaving school – can we please make sure that when you collect your children they stay with you when walking down the path, and especially do not go on the grass verge as there is a large drop and we do not want anyone to get hurt.
- Lunch boxes need to contain healthy items. We are not free school as we have children and staff members who have severe allergies. Also please think carefully about what you are putting in your child's lunch box as they are expected to eat it all.
- Lateness and attendance – the gate closes at 8:45am. Any child who arrives after 8:45am will get a late mark. Our Education and Inclusion Officer monitors this carefully, along with attendance marks. We can only authorise absences if we have written confirmation for the time off, this can either be a letter from home or a slip from the office.

A big thank you to the parents and carers who joined Mrs Lacey yesterday afternoon for Zig Zag's information session. I know she gave out lots of helpful information to you. All the information provided will be uploaded to Zig Zag's class page on the school website if you weren't able to attend. Please visit www.bradingcepri.iow.sch.uk, as we have lots more information about the school, our curriculum, statutory policies, our governors and much more. All classes will be adding to the website as the year goes on. If you have any suggestions on how we can make our website better please let us know.

We have arranged this year's Harvest Festival to take place on Friday 18th October. Once again we are asking for donations to the Isle of Wight Foodbank, so please bring in any tinned or boxed foods that you have at home for this worthy cause. We will be having a whole school assembly at 9am and it would be amazing to see lots of you there celebrating Harvest with us.

Have a lovely weekend and remember that my door is always open.

Mrs Gilbert.

MESSAGES FROM CATERLINK:

Next week we will be serving fish and chips on Thursday, and sweet chicken curry on Friday. Please bear this in mind when making sandwich / jacket potato orders.

On Tuesday and Thursday next week, all children in Reception, Year 1 and Year 2 will be offered a taster pot to encourage them all to try school dinners.

Birthdays:

 Elliot

 Theo W (N.Z class)

OUR 'STARS OF THE WEEK' ARE:

- ★ Wilf
- ★ Lottie
- ★ Lily M
- ★ Grace
- ★ Sophie P
- ★ Liam
- ★ Sienna S
- ★ Eli

Attendance 9/09/19 – 13/09/19

Class	Attendance	Lates
Zig Zag	97.3%	1
Maldives	96%	0
New Zealand	85.8%	0
Malta	100%	1
Galapagos	94.8%	1
Iceland	98.3%	0
Hawaii	100%	0

Whole school attendance for the week: 95.9% against our target of 97%.

SCHOOL LUNCH MENU	Monday 30/09/19	Tuesday 01/10/19	Wednesday 02/10/19	Thursday 03/10/19	Friday 04/10/19
Main	Cheese & Tomato Pizza	Lasagne	Roast Turkey	Battered Fish	Sweet Chicken Curry
Vegetarian	Vegetable Tagine	Vegetable Lasagne	Quorn Roast	Macaroni Cheese	Lentil and Sweet Potato Curry
Served with	New Potatoes Couscous Mixed Peppers Sweetcorn	Garlic Bread Mixed Salad Peas	Roast Potatoes Cabbage Carrots	Chips Sweetcorn Peas Garlic Bread	Rice Sweetcorn Green Beans
Dessert	Eve's Pudding with Custard	Mandarins and Ice Cream	Chocolate Shortbread	Fruity Flapjack	Yoghurt and Fruit

SECONDARY SCHOOL OPEN DAYS / EVENINGS

The Bay CE School – Tuesday 10th October 5:30-8pm

Ryde Academy – Thursday 3rd October 4pm-7pm

Cowes Enterprise College – Thursday 3rd October 6-8pm

The Island Free School – Saturday 12th October 11am – 3pm

Universal Infant Free School Meals - Did you know that if your child is in reception, Year 1 and Year 2 they are entitled to a two course **FREE** meal served with milk, this meal has been nutritionally analysed with correct portion sizes for the age group. **Over 3 years you could save over £1,000 – grab this opportunity.**

Do you know what your child is doing online?

The SCP is running a two-hour information session on **Keeping Children Safe Online** on **Tuesday, 8th October at 6pm** (at Hunnyhill School, Newport, PO30 5SH) for both **parents** and **professionals** on:

- Understanding how children use the internet and technology
- Identifying risky behaviour
- Understanding the contact of Sexting
- Providing parents and carers with digital resistance

The session is not hi-tech but contains practical content and advice for **parents** and **professionals** that will make a difference. The course is fully funded by the SCP and **FREE** to attendees but we do ask individuals to book a ticket so that we can manage numbers. To book a ticket click [HERE](http://www.iowscp.org.uk/training) or visit the SCP website <http://www.iowscp.org.uk/training>

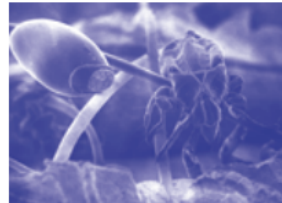
DATES FOR YOUR DIARY

Sept 30 th	Years 3&4 swimming lessons
Oct 1 st	After school clubs 3pm to 4pm: Tag Rugby; jewelry making; playground games; Lego.
Oct 2 nd	Families Learning & Living Together session 09:00 to 11:30
Oct 3 rd	Year 6 to UKSA
Oct 8 th	Art after school club 3pm to 4pm
Oct 15 th	Malta class trip to Brading Roman Villa
Oct 18 th	New Zealand Class visiting Ryde Fire station
Oct 21 st – Nov 1 st	Harvest Festival
Nov 15 th	October half term
Dec 23 rd	School photos
Dec 24 th – Jan 3 rd	Development day – school closed to pupils
Feb 17 th – 21 st	Christmas Holidays
Apr 6 th – 17 th	February half term
May 8 th	Easter Holidays
May 25 th – 29 th	Bank Holiday
Jul 22 nd	May half term
Jul 23 rd	Development day – school closed to pupils
Jul 24 th	Development day – school closed to pupils

- ★ Head lice are small, six-legged wingless insects, pin-head size when they hatch, less than match-head size when fully grown and grey/brown in colour. They are difficult to detect in dry hair even when the head is closely inspected. They very often cause itching, but this is not always the case, particularly when recently arrived on the head.
- ★ Head lice cannot fly, jump or swim, but spread by clambering from head to head. Anyone with hair can catch them, but children who have head to head contact, either at school or during play, are most commonly affected.
- ★ Head lice feed by biting and sucking blood through the scalp of their host. The female louse lays eggs in sacs (nits) which are very small, dull in colour, and well camouflaged. These are securely glued to hairs where the warmth of the scalp will hatch them out in 7-10 days. Empty egg sacs are white and shiny and may be found further along the hair shaft as the hair grows out. Lice take 6-14 days to become fully grown, after which they are capable of reproduction.
- ★ Head lice are not fussy about hair length or condition. Clean hair is therefore no protection, although regular (eg weekly) hair washing and combing sessions offer a good opportunity to detect head lice, and arrange treatment if discovered.

Lice hang on tight to the hair, usually close to the scalp where there is warmth, food and shelter from detection. Full grown lice take the opportunity to move from head to head during close contact. Younger lice tend to remain for about 6 days on the head where they have hatched.

Head lice need to maintain contact with a host in order to survive. Those lice that leave the host voluntarily, or fall off, are likely to be damaged or approaching death (their life span is about 3 weeks) and so unable to start a new colony. There is no need to wash or fumigate clothing or bedding that comes into contact with head lice.



Magnified photo of the human head louse and louse egg (nit).

If you are at all worried about head lice or feel you need more advice on how to cope, then you should consult your school nurse, health visitor, pharmacist or family doctor.

Further copies of this leaflet may be obtained from:
Department of Health, PO Box 777, London SE1 6XH
Fax: 01623 724 524 (Email: dh@prolog.uk.com)

This document is also available in other languages on request.
Picture reproduced courtesy of the Electron Microscopy and Histopathology Service at the London School of Hygiene & Tropical Medicine.

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Head Lice



Detection

Head lice are well camouflaged and hide when disturbed by combing. They do not always cause itching, particularly when recently arrived on the head. They may also be few in number and a quick inspection is unlikely to detect them. The following method of detection is effective:

- ★ Wash the hair using ordinary shampoo, then use a wide toothed comb to straighten and untangle the hair. It is easier to do this with wet hair, and using hair conditioner.
- ★ Once the comb moves freely through the hair, without dragging, switch to a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots and draw down to the ends of the hair with every stroke. The comb must be fine enough to catch the lice – size indicated below – do not confuse lice or their eggs with clumps of dandruff or other debris.
- ★ Check the comb for lice after each stroke as you work through the hair section by section, so that the whole head of hair is combed through, then rinse out the conditioner and repeat the combing procedure in the wet hair.
- ★ This can be undertaken on a regular basis – eg at routine hair washing sessions – to detect the presence of lice before they can spread. Check all family members at the same time and arrange treatment when lice are found.



Actual size in stages of growth of the head louse.

Treatments

If you find lice, then there are two options. Whichever option you choose it is important to recognise that neither will protect against re-infection if head to head contact is made with someone with head lice at a later date. You may therefore wish to undertake occasional checks during hair washing sessions.

Option 1: Lotions

- ★ Do not use lotions unless you find a living moving louse. Check all close family/friends by the "wet combing" method, as described, and treat anyone who is found to have lice at the same time, to prevent re-infection.
- ★ Ensure you have enough lotion to treat all those affected and follow the instructions on the packet carefully, eg as to how long the treatment must remain on the hair to be effective, how often you may apply the product etc.
- ★ The product may be capable of killing eggs, as well as lice, but there is no certainty of this. Check for baby lice hatching out from eggs 3-5 days after you use it, and again at 10-12 days.
- ★ If the lice appear to be unaffected by the product (some lice may have developed resistance to a particular insecticide) or if the problem persists – then you should take advice from your local school nurse, health visitor, pharmacist or GP, who will be able to advise you on alternative treatments and explain how to use these to best effect. You should seek advice where whoever is being treated is either under 1 year of age, suffers from asthma or allergies, or is pregnant or breast feeding.

Option 2: The "Bug Busting" treatment method

This aims at systematic removal of live lice by combing through the hair and physically removing any lice found. Success depends largely upon adopting a painstaking approach – as described in the "Bug Buster" kit. The kit, which includes an illustrated guide and combs, is available from some pharmacies, and by mail order from:

Community Hygiene Concern
Manor Gardens Centre, 6-9 Manor Gardens
London N7 6LA
Bug Buster: Help Line: 020 7686 4321
Fax: 020 7686 4322
Internet: www.chc.org/bugbusting Charity reg no: 801371

- ★ Only one kit is required for a family and it is reusable. Four sessions spaced over 2 weeks are required to clear the lice, as long as the person does not catch more lice, in which case half-weekly sessions must continue.
- ★ Some schools find it helpful to adopt a whole-school approach (where all parents check their children and family members on the same evening and treat as needed). A "Bug Buster" Teaching Pack is available to assist this process. For further information contact Community Hygiene Concern, details as above.
- ★ Taking part on "Bug Busting" days can help to prevent lice circulating, ie if all cases are identified and treated successfully at the same time there will be fewer opportunities for lice to circulate amongst children and their families.

Diarrhoea and vomiting in children

There's no specific cure for stomach bugs such as **Norovirus**. See tips to reduce the spread and treat symptoms

Keep kids home from school for



after symptoms have passed.
This is enough time to let the virus run its course

If your child already has a serious illness, or symptoms last longer than a few days, contact your GP to seek advice
Visit [nhs.uk/norovirus](https://www.nhs.uk/norovirus)

NHS choices



25 different strains of Norovirus are known to affect humans.

They're the most common cause of stomach bugs in the UK

Home Treatment



Paracetamol is useful for fever or aches and pains



Give kids plenty of water to stay hydrated and replace lost fluids



If your child feels like eating, give them bland foods



OCTOBER CYCLE CHALLENGE

FREE AND EASY TO TAKE PART



Add your stickers and Win some prizes



DRIVE LESS
SEE MORE

Contact us to receive a pack, then every time you ride your bike add a sticker to your chart. No commitment to cycle every day or any distance just ride when you can for as long as you can.

Email: sports.unit@iow.gov.uk

Phone: **01983 823818**

Send us a photo of your chart before the 5th of November to be entered into the prize draw.



#TurningMusicIntoMeals

Tuesday 1st October

The Quay Arts Centre
7 - 11pm. Doors open at 6:30pm

The IW Foodbank presents

Music Madness



Hosted by The RUG Band with friends and guests:
Never Too Late,
The Boogie Woogie Sisters,
Mark Thomas, Paul Armfield & Jon Thorne (Two Big Violins), Jim Waller & Peter Ellis (Return of the Penguin Broily), Frankie Aiello, J C Grimshaw & Friends and more.
PA & Sound - Steve Smith (Equaliser Sound)

Tickets £5 available from The Quay Arts Centre
All money raised goes to the IW Foodbank.

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