

Dear Parents / Carers,

10<sup>th</sup> January 2020

Welcome back and welcome to 2020; I hope you all had a relaxing Christmas break. All the children started their new topics for this term and I know there is some amazing hooks taking place. Teachers will have sent home overviews for this term, if you have not seen it you will find it on the school website under your child's class page.

As it is now January and in the past we have had inclement weather around this time, can I please remind you of our procedures if the school is to close. Please listen carefully to Isle of Wight Radio, visit the school website and also visit the school closure list on [www.iwight.com](http://www.iwight.com) as these will keep you updated. We will also send out text messages to keep you informed, so it's really important we have the correct contact details for you. If you were lucky enough to get a new phone from Father Christmas, please let us know in the office if your contact number has changed.

Can I also make a plea that all children have a sensible winter coat that is also waterproof, as well as full PE kits every week please!

One of the areas we introduced to the children last term was 'Zones of Regulation'. Zones of Regulation are split into four colours; Green, Yellow, Blue and Red. Each colour represents emotions that we feel – Green is where you feel calm and happy, Blue is when you feel tired or sick, Yellow is when you feel anxious or frustrated, and finally Red is when you are very cross and feel like you've lost control. This term the children will be choosing their own way of getting themselves back into the Green zone from Yellow, Blue or Red. Please ask your child which strategy they are going to use. We are also going to be focusing on self-regulation this term which all children will be working through as a class. To support this, we will be introducing a new award in sharing worship for behaviour.

Have a lovely weekend, remember my door is always open.





Mrs Gilbert.

### Cultural Capital – News of the Week

***Should children be allowed to make money from creating and sharing videos?***

*Take some time this week to discuss this with your children at home!*

#### **Birthdays:**

 Chloe  
 Wilf  
 Hunter  
 Alfie S  
 Sienna K  
 Harvey  
 Solly

#### **PLATINUM TICKETS**

Mia	Ophelia
George K	Hunter
Charlie O	Stevie

#### **OUR 'STARS OF THE WEEK' ARE:**

★ Oliver E  
 ★ Jessica  
 ★ Caden  
 ★ Gracie M  
 ★ Joey P  
 ★ Morgan

Next week we will be serving Fish & Chips on Thursday instead of Friday. Friday's dinner will be Macaroni Cheese / Vegetable Hotpot.

#### **Attendance – 16/12/19 – 20/12/19**

Class	Attendance	Lates
<b>Zig Zag</b>	90.9%	1
<b>Maldives</b>	98.2%	5
<b>New Zealand</b>	96.7%	3
<b>Malta</b>	97.9%	1
<b>Galapagos</b>	98%	2
<b>Iceland</b>	92.4%	0
<b>Rekyjavik</b>	90%	0
<b>Hawaii</b>	100%	1

Whole school attendance for the week: **95.3%** against our target of 97%.

#### **Reception school starters for Sept 2020:**

Remember that you need to complete an application for a school place by **midnight on Wednesday 15<sup>th</sup> January**. Any applications that are received late will be considered by the Local Authority after those received on time. You should find out mid-April which school your child has been allocated.

<b>SCHOOL LUNCH MENU</b>	<b>Monday 13/01/20</b>	<b>Tuesday 14/01/20</b>	<b>Wednesday 15/01/20</b>	<b>Thursday 16/01/20</b>	<b>Friday 17/01/20</b>
<b>Main</b>	Chicken Curry	Sausage & Mash	Roast Turkey	Fish Fingers	Macaroni Cheese
<b>Vegetarian</b>	Cheese Whirl	Veggie Sausages	Quorn	Cheese & Tomato Quiche	Vegetable Hotpot
<b>Served with</b>	50/50 Rice New Potatoes Sweetcorn Cabbage	Mashed Potatoes Peas Cauliflower Gravy	Roast Potatoes Carrots Green Beans	Chips Beans Peas	Garlic Bread Seetcorn Broccoli
<b>Dessert</b>	Apple Flapjack	Chocolate Cake	Apple, Cheese and Crackers	Orange & Lemon Shortbread	Yoghurt & Fruit

### People's Book Prize Winner Visits School

The award-winning, bestselling children's author, Billy Bob Buttons, will be visiting this school on the MORNING of 21<sup>st</sup> January 2020.

He is the author of sixteen very popular children's books including Felicity Brady and the Wizard's Bookshop, the bestselling Muffin Monster, Tiffany Sparrow Spook Slayer, The Cool Kids Book Prize winner, WIDE AWAKE, and the UK People's Book Prize winner and bestseller, I think I Murdered Miss. Last year, this book sold over 40,000 in the UK alone and won the UK People's Book Prize.

Every year, he meets with approx. 50,000 primary school children to deliver his popular literacy workshops.

Throughout the morning, he will be delivering the workshops to Years 3, 4, 5 and 6, focusing on Planning a Story, Adventure Writing and Characters.

There will also be an opportunity for your child to meet Mr. Buttons and buy a signed and dedicated book. If you would like to see the price list, please let Miss Hughes know and she will email it to you. If you wish your child to buy a signed book, simply put the money (the author will have change with him) in an envelope (with your child's name and class written on the front) and hand it to the class teacher.

### Brading Primary School Careers Day 13 March 2020

The school will deliver a Careers day to all pupils on the 13 March 2020. The aim of the day is to demonstrate to the Children of our school that there are more careers out there than just being a YouTuber. The day will allow the children to speak to people in certain career fields and also to understand how what they learn in school now will translate across to finding employment and helping them to do well in any future career.

In order for this day to be a success we need your support. If you are able to free some time and are willing to come and speak with the Children about your chosen career or support as a facilitator please could you email [admin@bradingcpri.iow.sch.uk](mailto:admin@bradingcpri.iow.sch.uk).

Please could you indicate your profession, any equipment you could bring in relation to your profession and availability for the day. If you could complete this by 17 Jan 2020 that would be great. Once we have received your emails and have an understanding of how many volunteers we have we will send out more information on the structure of the day.

### DATES FOR YOUR DIARY

Jan 13 <sup>th</sup>	After School Clubs: Performing Arts, KS1 Lego, Boomtown Lego 3-4pm
Jan 14 <sup>th</sup>	After School Club: KS2 Craft 3-4pm
Jan 15 <sup>th</sup>	Maldives class Bembridge Lifeboat Station trip
	After School Club: KS1 Craft 3-4pm
Jan 16 <sup>th</sup>	After School Club: Art 3-4pm
Jan 21 <sup>st</sup>	Author Billy Buttons in school
Jan 22 <sup>nd</sup>	Iceland class Sandown Zoo trip
Jan 30 <sup>th</sup>	New Zealand class Sandown Zoo trip
Feb 3 <sup>rd</sup>	School nurse in year 6 for presentation on National Child Measurement Programme
Feb 17 <sup>th</sup> – 21 <sup>st</sup>	February half term
Mar 13 <sup>th</sup>	Careers Day
Apr 6 <sup>th</sup> – 17 <sup>th</sup>	Easter Holidays
May 8 <sup>th</sup>	Bank Holiday
May 25 <sup>th</sup> – 29 <sup>th</sup>	May half term
Jul 22 <sup>nd</sup>	Development day – school closed to pupils
Jul 23 <sup>rd</sup>	Development day – school closed to pupils
Jul 24 <sup>th</sup>	Development day – school closed to pupils

- ★ Head lice are small, six-legged wingless insects, pin-head size when they hatch, less than match-head size when fully grown and grey/brown in colour. They are difficult to detect in dry hair even when the head is closely inspected. They very often cause itching, but this is not always the case, particularly when recently arrived on the head.
- ★ Head lice cannot fly, jump or swim, but spread by clambering from head to head. Anyone with hair can catch them, but children who have head to head contact, either at school or during play, are most commonly affected.
- ★ Head lice feed by biting and sucking blood through the scalp of their host. The female louse lays eggs in sacs (nits) which are very small, dull in colour, and well camouflaged. These are securely glued to hairs where the warmth of the scalp will hatch them out in 7-10 days. Empty egg sacs are white and shiny and may be found further along the hair shaft as the hair grows out. Lice take 6-14 days to become fully grown, after which they are capable of reproduction.
- ★ Head lice are not fussy about hair length or condition. Clean hair is therefore no protection, although regular (eg weekly) hair washing and combing sessions offer a good opportunity to detect head lice, and arrange treatment if discovered.

Lice hang on tight to the hair, usually close to the scalp where there is warmth, food and shelter from detection. Full grown lice take the opportunity to move from head to head during close contact. Younger lice tend to remain for about 6 days on the head where they have hatched.

Head lice need to maintain contact with a host in order to survive. Those lice that leave the host voluntarily, or fall off, are likely to be damaged or approaching death (their life span is about 3 weeks) and so unable to start a new colony. There is no need to wash or fumigate clothing or bedding that comes into contact with head lice.



Magnified photo of the human head louse and louse egg (nit).

If you are at all worried about head lice or feel you need more advice on how to cope, then you should consult your school nurse, health visitor, pharmacist or family doctor.

Further copies of this leaflet may be obtained from:  
Department of Health, PO Box 777, London SE1 6XH  
Fax: 01623 724 524 (Email: [dh@prolog.uk.com](mailto:dh@prolog.uk.com))

This document is also available in other languages on request.

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# Head Lice



## Detection

Head lice are well camouflaged and hide when disturbed by combing. They do not always cause itching, particularly when recently arrived on the head. They may also be few in number and a quick inspection is unlikely to detect them. The following method of detection is effective:

- ★ Wash the hair using ordinary shampoo, then use a wide toothed comb to straighten and untangle the hair. It is easier to do this with wet hair, and using hair conditioner.
- ★ Once the comb moves freely through the hair, without dragging, switch to a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots and draw down to the ends of the hair with every stroke. The comb must be fine enough to catch the lice – size indicated below – do not confuse lice or their eggs with clumps of dandruff or other debris.



Actual size in stages of growth of the head louse.

- ★ Check the comb for lice after each stroke as you work through the hair section by section, so that the whole head of hair is combed through, then rinse out the conditioner and repeat the combing procedure in the wet hair.
- ★ This can be undertaken on a regular basis – eg at routine hair washing sessions – to detect the presence of lice before they can spread. Check all family members at the same time and arrange treatment when lice are found.

## Treatments

If you find lice, then there are two options. Whichever option you choose it is important to recognise that neither will protect against re-infection if head to head contact is made with someone with head lice at a later date. You may therefore wish to undertake occasional checks during hair washing sessions.

### Option 1: Lotions

- ★ Do not use lotions unless you find a living moving louse. Check all close family/friends by the "wet combing" method, as described, and treat anyone who is found to have lice at the same time, to prevent re-infection.
- ★ Ensure you have enough lotion to treat all those affected and follow the instructions on the packet carefully, eg as to how long the treatment must remain on the hair to be effective, how often you may apply the product etc.
- ★ The product may be capable of killing eggs, as well as lice, but there is no certainty of this. Check for baby lice hatching out from eggs 3-5 days after you use it, and again at 10-12 days.
- ★ If the lice appear to be unaffected by the product (some lice may have developed resistance to a particular insecticide) or if the problem persists – then you should take advice from your local school nurse, health visitor, pharmacist or GP, who will be able to advise you on alternative treatments and explain how to use these to best effect. You should seek advice where whoever is being treated is either under 1 year of age, suffers from asthma or allergies, or is pregnant or breast feeding.

### Option 2: The "Bug Busting" treatment method

This aims at systematic removal of live lice by combing through the hair and physically removing any lice found. Success depends largely upon adopting a painstaking approach – as described in the "Bug Buster" kit. The kit, which includes an illustrated guide and combs, is available from some pharmacies, and by mail order from:

Community Hygiene Concern  
Manor Gardens Centre, 6-9 Manor Gardens  
London N7 6LA  
Bug Buster: Help Line: 020 7686 4321  
Fax: 020 7686 4322  
Internet: [www.chc.org/bugbusting](http://www.chc.org/bugbusting) Charity reg no: 801371

- ★ Only one kit is required for a family and it is reusable. Four sessions spaced over 2 weeks are required to clear the lice, as long as the person does not catch more lice, in which case half-weekly sessions must continue.
- ★ Some schools find it helpful to adopt a whole-school approach (where all parents check their children and family members on the same evening and treat as needed). A "Bug Buster" Teaching Pack is available to assist this process. For further information contact Community Hygiene Concern, details as above.
- ★ Taking part on "Bug Busting" days can help to prevent lice circulating, ie if all cases are identified and treated successfully at the same time there will be fewer opportunities for lice to circulate amongst children and their families.

Do Join us at the next



Fri 17 Jan

3.10pm-5pm

Then 3<sup>rd</sup> Friday  
each month  
at

Brading Methodist Church



Everyone welcome!

All children to be accompanied  
by an adult

Free! – donation if wished

Chat to Jane on 407201 for more details

