

# Brading CE (Controlled) Primary School



We are a Team that Trust each other to unlock potential.

Tel: 01983 407217

## News from Brading CE Primary School

**Headteacher:** Mrs B Gilbert

**Friday 15<sup>th</sup> March 2024**

**Office Administrators:** Mr Campbell, Ms Barnard

**Our Christian Values:** Trust

**Truth, Respect, Unity, Sincerity, Tolerance**

***This week our focus has been on TRUST.***



Dear Parents/Carers

**Mother's Day:** I would like to start by thanking those of you who were able to join us at the Church and for the Church Team for providing the service and all the lovely flowers and in school for our Mother's Day celebrations.

**Red Nose Day:** Amazing to see all the children and staff dressed in either sports or stripes today. I am sure you will agree that this very worthy cause which does go a long way to support so many children and their families, both on and off the Island. The best jokes will be published next week.

**Parent/carers sessions – Wednesday 27<sup>th</sup> March 3pm – 6pm:** It is great to see lots of parents/carers already signed up for the parent/carers sessions. You can sign up with the class teacher for these, please do come along as it gives you a great insight onto how your child is learning and how you can help them at home. I am always so impressed with the feedback from these sessions from both teachers and parents/carers.

**Parent/Carer Questionnaire:** Thank you for sending in your replies, we really appreciate it. We are currently working on the report and will add in the additional responses and send the report out to you shortly.

Have a lovely weekend, and remember my door is always open.

Mrs Gilbert.

PS: Don't forget Easter is just around the corner. This year's competition can be either Easter Bonnet, Easter garden or an Egg Decoration there will be a prize for each class. Please have all entries in by Wednesday 27<sup>th</sup> March. We look forward to seeing what you design – good luck everyone!

### **Collective Worship this week...**

On Monday we held our Mother's Day service in the church celebrating the role of mothers and other important women in our lives. On Tuesday New Zealand Class led the worship about the Story of the Storm, Wednesday we talked about Lent. Our focus this week has been on SINCERITY looking at how we can trust God when the going gets tough.

### **Bible reflection:**

Psalm 31:24

'Be strong, and let your heart take courage, all you who wait for the Lord!



**Thank you everyone – we raised an amazing... £97.15!**

## IMPORTANT DATES NEXT WEEK...

### Diary Dates

Monday	Tuesday	Wednesday	Thursday	Friday
YR 5&6 Dodgeball Fun Club	KS2: Around the World & Art Fun Clubs KS1: Gardening & Football Fun Clubs			YR3 Squash Westridge

## SCHOOL MENU NEXT WEEK:

*We also offer tomato pasta as well as jacket potatoes and sandwiches with a selection of fillings each day.*



Monday	Tuesday	Wednesday	Thursday	Friday
Pizza  Chocolate Brownie	Beef Burger  Crispy Crackle Bar	Roast Turkey  Flapjack	Beef Bolognese  Carrot, Orange & Sultana Cake	Fish Finger or Meat Free Nuggets  Orange Drizzle Cake with fruit

New Zealand Class Visit to Amazon World last week so much fun had by all!



Just letting you know that The Friends of Brading School are registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our easyfundraising page

at: [https://www.easyfundraising.org.uk/causes/friendsofbrading/?utm\\_medium=email&utm\\_campaign=pmc&utm\\_content=gs-email1](https://www.easyfundraising.org.uk/causes/friendsofbrading/?utm_medium=email&utm_campaign=pmc&utm_content=gs-email1)

We are also registered with Your School Lottery where you can raise money for The Friends of Brading School and every week one of our members wins a share of the ticket sales and everyone is also entered in the national draw for a potential £25,000 jackpot prize. Your support is greatly appreciated and we wish you good luck!

You can find our page at:

[https://www.yourschoollottery.co.uk/lottery/school/brading-ce-primary-school?utm\\_campaign=sainsburys-mar24&utm\\_source=cause-admin&utm\\_medium=social&utm\\_content=Hyperlink](https://www.yourschoollottery.co.uk/lottery/school/brading-ce-primary-school?utm_campaign=sainsburys-mar24&utm_source=cause-admin&utm_medium=social&utm_content=Hyperlink)

Thank you so much!

**SUPPORT OUR LOTTERY TODAY**

**£1 per week**

**Weekly cash prizes**

**£25,000 jackpot**

**YOUR SCHOOL LOTTERY**

**£1 TICKET**

**Splitting the £1.00**

**How it works...**

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Brading CE Primary School.

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

**It's so easy to join and will make a real difference to Brading CE Primary School**

**40p goes to our school**  
**36p goes to cash prizes**  
**20p goes to admin costs**  
**4p goes to VAT**

**The Maths...** 100 tickets sold a week means  
= £30 weekly cash prize  
= £2,080 a year for our school

**Buy A Ticket**

GambleAware 18+

**easyfundraising** feel good shopping

**Raise free funds for us every time you shop online**

**Find out more**

**amazon.co.uk John Lewis ebay M&S B&N G.P.**

**Argos Booking.com DEBENHAMS next SCREENFLEX**

**Sainsbury's CSOS Viking moonpig JUST EAT**

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**Sainsbury's CSOS Viking moonpig JUST EAT**



# What we have been learning this week...

ANTIGUA	<p>This week we have continued our theme of “we are bug explorers!”</p> <p>We have really enjoyed learning about different bugs and insects, looking at their shapes, colours and how many legs/wings they have. We looked at them closely under magnifying glasses and read lots of stories about mini beasts. We went on more bug hunts in the garden exploring their habitats carefully, with our favourite song “there’s a worm at the bottom of our garden” on repeat as we found lots of wiggly worms! We had lots of fun making spiders using paper and googly eyes, practicing our counting to 8.</p>
ST LUCIA	<p>This week in St Lucia it has been our final week of mini beasts with our story of the week; The Very Hungry Caterpillar! The children have really enjoyed retelling the story using the puppet show, painting their own hungry caterpillar and they really impressed me drawing all the fruit that he ate!</p> <p>We were also very lucky this week as Mr Earley delivered the mud kitchen he made us! We are super super happy with it and love using it! Thank you so much!</p>
MALDIVES	<p>Firstly, thank you to all the parents and carers who were able to attend our Mother's Day activities on Monday. I hope you like the photographs.</p> <p>In year one, we have written fabulous instructions for making our cup and ball games. In maths, we have been concentrating on numbers between 20 and 50. Please continue to do this with your child at home as some children are still confusing teen and ty numbers e.g. thirteen and thirty. The children continue to enjoy music sessions and it is lovely to hear them all engaged and enjoying themselves.</p>
NEW ZEALAND	<p>This week in Year 2 class New Zealand, we had an exciting time learning and exploring various subjects. In Maths, we focused on the concept of volume. Through interactive activities and hands-on experiences, we discovered how to measure and compare the capacity of different containers. The children enthusiastically participated in practical tasks, which helped them build a solid foundation in understanding volume.</p> <p>In Geography, we delved into understanding the Mediterranean climate. We explored the characteristics of this climate region, such as warm, dry summers and mild, wet winters. The children engaged in discussions, maps, and visuals to comprehend the influence of this climate on the people, plants, and animals living in Mediterranean areas. It was an enriching experience for all.</p> <p>Moreover, we successfully completed our recount of the school trip to Amazon World, which we embarked on last month. The children showcased their exceptional writing skills while recollecting the memorable moments and fascinating encounters with different species. Their descriptive language and attention to detail truly captured the essence of the trip.</p> <p>Overall, it has been an eventful week in Year 2 class New Zealand, filled with exciting lessons and opportunities for growth. We look forward to more engaging activities and learning experiences in the coming weeks ahead.</p>
MALTA	<p>This week in Malta class we have been exploring the importance of biomes and how important they are for maintaining habitats. The children designed a case study for each biome and compared them as a class. On Monday, the children took part in our Mother’s Day service where we celebrated the important women in our lives. On Thursday, the children published a persuasive letter and included many persuasive features.</p>
GALAPAGOS	<p>It’s been an exciting time in Galapagos class. We’ve been celebrating Mother’s Day in church and of course last Friday we had world book day where all of the children used their characters to play a humungous live version of Guess Who. In English we have been drafting our recounts for the day the crayons quit and have been finishing off fractions on maths. In science we have been learning about how sound travelled and got outside to get a real-life example.</p>

# What we have been learning this week...

ICELAND	<p>On Monday afternoon, we celebrated Mother's Day in church with the KS2 classes. On Tuesday, in Iceland we had a Henry the V workshop. We did some acting, role playing and street dancing. The music was really good and groovy. We all really enjoyed it. We learnt street dance moves called ATL, Bart Simpson, criss cross and schmoney. In P.E we played basketball by the rules. By George Whittington</p>
JAMAICA	<p>This week in year 6 we have had another amazing week. In English we have done basic SPAG. In maths we have done rounding and dividing and multiplying by 10, 100, and 1000. In guided reading we have done tests on last years SATs 2023. In Topic we have learnt about fair trading and how fair trade makes farmers lives better. In P.E. we did a workshop on Henry the V and relayed his story by Shakespeare. In D.T. we are building a crane and building containers that carry cargo across the sea.</p> <p>On Monday we church service for Mother's Day. On Tuesday we talked about the story of the storm. On Wednesday we talked about Lent and Thursdays Picture News was about whether mobile phones should be banned in schools.</p>
CUBA	<p>This week in Cuba Class we have been doing lots of exciting activities working together with our friends. We have had lots of sensory play and enjoyed exploring paint, glitter and mixing sensory mats. We have also done lots of fantastic mark making and used ribbon to add a mane to our horses. Finally, we all had a fantastic time investigating the wind with the parachute and moving it all around - we even took it in turns to run underneath.</p>
HAWAII	<p>This week in Hawaii Class, the children have been using story dice to create their own stories. They have worked in groups to add ideas and have created some incredible characters! The children have also been learning about physical geography and how they can link this to their own environment and the rainforest. In English, some of the children have been writing about the story 'What the Ladybird Heard' and have started to use conjunctions in their sentences.</p>

# This week (and last week!) in pictures...



# This week in pictures...

## Shakespeare Dance Workshop Iceland & Jamaica

On Tuesday, both Iceland and Jamaica classes took part in a street dance workshop. It was based on Shakespeare's historic play Henry V. The children combined street dance moves with medieval music to portray battle scenes and historic victories. Everyone found it thoroughly enjoyable. Even the reluctant joined in and soon became the lead characters. Well done everyone - it was a great performance. Mrs Cooney.



## NOTICE BOARD





# NOTICE BOARD



## EASTER POTTERY CLUB

MONDAYS DURING THE HOLIDAYS  
10AM - 12PM & 2PM - 4PM  
25TH MARCH, 1ST APRIL, 8TH APRIL

SCULPTING POTTERY WHEEL POTTERY PAINTING

£25

WWW.ISLEOFWIGHTPOTTERY.COM



## WHATS ON AT THE POTTERY MARCH/APRIL

**SPRING WREATH WORKSHOP**  
10AM-12PM MARCH 24

**INTRODUCTION TO GLAZING CERAMICS**  
7PM-8.30PM MARCH 21 APRIL 18

**HOUSE SIGN MAKING WORKSHOP**  
10AM-1PM APRIL 14

**HOLIDAY CLAY CLUB**  
10AM-12PM & 2PM-4PM  
MARCH 25 APRIL 18

**ADULT EVENING SESSIONS**  
7PM-9PM MARCH 13, 14, 27, 28  
APRIL 10, 11, 24, 25

**TEENAGERS POTTERY NIGHT**  
7PM-9PM MARCH 22 APRIL 19

**WHEEL THROWING MASTERCLASS**  
9.30AM-12.30PM MARCH 9 (FULL)

BOOKING NOW ONLINE AT  
[WWW.ISLEOFWIGHTPOTTERY.COM](http://WWW.ISLEOFWIGHTPOTTERY.COM)



## EASTER HOLIDAYS 2024

**at Scallywags Fun Club**

AGES 3-18 Winchester House, Sandown Road, Shanklin, PO37 6HT 2.4 - 12.4.24

**OPEN: Tuesday 2nd – Friday 12th April (9 DAYS)**

PAYING PLACES.... (TIMES 8-6) (ages 3-18)

FREE PLACES.... (TIMES 9-4) (ages 4-16) for children free of charge for families  
ELIGIBLE FOR BENEFITS RELATED FREE SCHOOL MEALS

Funded by the IWC as part of the HAF Programme includes FREE Healthy 2 course hot lunch  
Places are very limited, contact Sarah Wherry on 07977709088 (or message our facebook page to book)

**Easter Activities include:**

- CREATIVE EASTER ART**  
Egg decorating, easter jewellery/gadgets, gift making, nests
- COOKERY**  
Create your own chocolate masterpieces, designer cakes, fruit bunnies
- COMPETITIONS & PARTY TIME / GAMES/OUTSIDE PLAY**  
Egg hunt extravaganza, bingo, egg races, jelly-bean trail  
Party food, party games, large outside play area
- PRIZES FOR ALL**

Please ring/text Sarah Wherry on 07977709088



## EASTER EXPLORERS

ideal for children aged 2-8

**SATURDAY 23RD MARCH**  
10AM - 12PM

**FREE** Complete the trail to win a treat!

Book your free tickets on Eventbrite <https://www.eventbrite.co.uk>

**PIG LEG LANE**  
OFF WEEKS ROAD/ROSEMARY LANE, RYDE

QR code for booking: 

Map showing the location: 

Logos:     



# 10 Top Tips for Parents and Educators

## DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

### 1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

### 2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

### 3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

### 4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

### 5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

### 6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

### 7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

### 8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

### 9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

### 10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.03.2024

## Dates for your diary...

### March

25th – YR 5&6 Kingswood Activity Centre Trip

27<sup>th</sup> – Parent Outcome Sessions 3pm – 6pm please book your session with the class teacher

28th – last day of Term

29<sup>th</sup> – Good Friday (Bank Holiday)

### April

1<sup>st</sup> – 12<sup>th</sup> – EASTER Holidays

15<sup>th</sup> – Back to school

### May

6<sup>th</sup> – Bank Holiday

24<sup>th</sup> – Last day of Term

27<sup>th</sup> – 31<sup>st</sup> – May HALF TERM

### June

3<sup>rd</sup> – Back to school

### July

19<sup>th</sup> – Last day of Term


22<sup>nd</sup> – 26<sup>th</sup> Development Days

29<sup>th</sup> July – 30<sup>th</sup> August Summer Holidays

### September

2nd School term starts.

## ATTENDANCE

Class	Attendance
Antigua	89.5%
St Lucia	90%
Maldives	89.5%
Cuba	77.8%
New Zealand 	96.1%
Malta	95%
Galapagos	87.4%
Iceland	83.6%
Jamaica	92%
Hawaii	92.2%

## Attendance Ladder



Reflection of the week...

